

# Mobile Clinics & PCIT: Meeting Clients in the Field



PEI MOBILE SERVICES



**EMMA GIRARD, PSY.D.**

PRESCHOOL 0-5 PROGRAMS

[EIGIRARD@RCMHD.ORG](mailto:EIGIRARD@RCMHD.ORG)

3RD BIENNIAL UNIVERSITY OF IOWA PCIT TUNE-UP

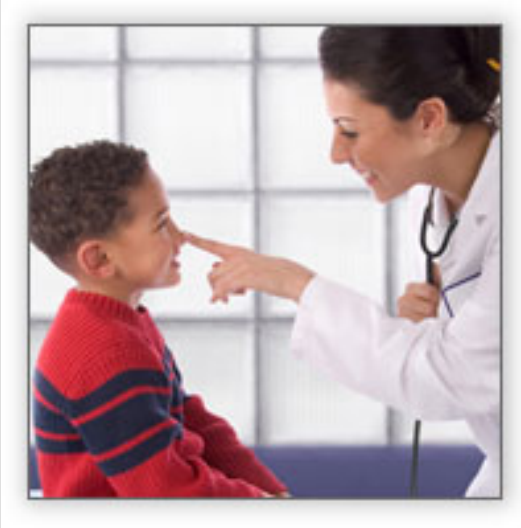


# Mobile Clinic in Action

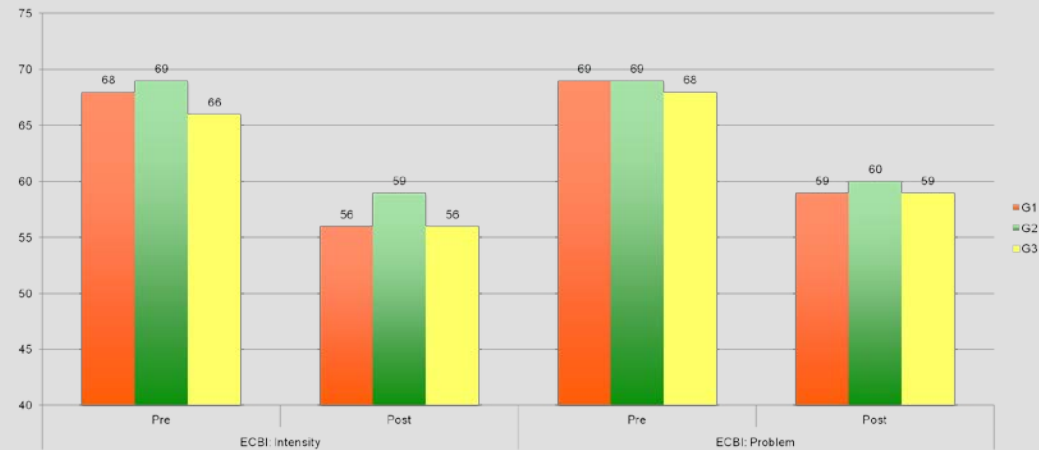
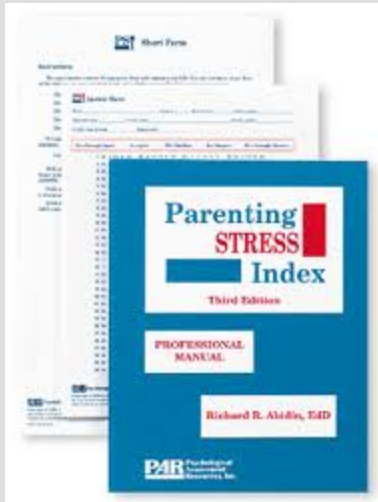
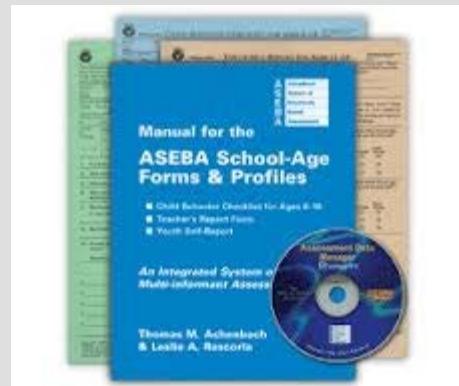


- [http://www.triplep.net/glo-en/see-and-hear/watch-videos/the-triple-p-system-explained/?video\\_id=42](http://www.triplep.net/glo-en/see-and-hear/watch-videos/the-triple-p-system-explained/?video_id=42)

# Partnerships



# Importance of Data



# Funding Sources Because You Have Data



# Preschool 0-5 Programs 13 years old



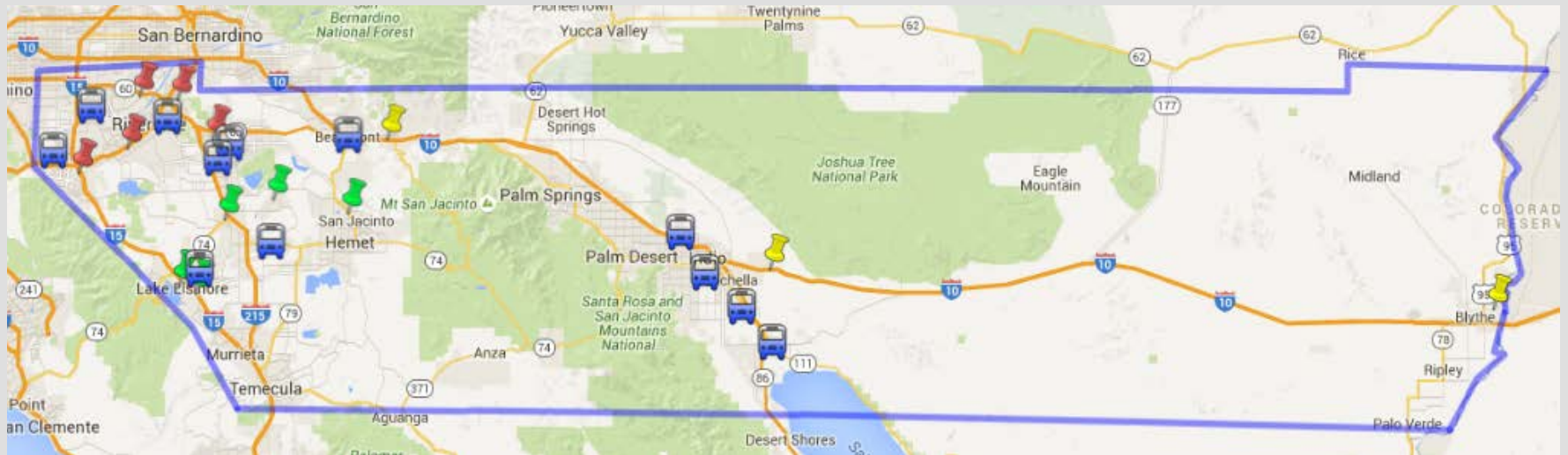
- **Over Time Develop Reputation of Results**
- **New Funding Sources Become Available**
- **First 5**
  - Prop 10 in California, 1998, tobacco tax 50¢/ pack cigarettes
  - Creation of services to children ages 0-5 years
- **Mental Health Services Act (MHSA)**
  - Prop 63 in California, 2004, 1% Millionaire's Tax
  - Creation of Prevention & Early Intervention (PEI)
- **Desire to Reach Isolated Communities**
  - Birth of the Mobile Clinics, aka: "The Bus"
  - Services Began with Families October 2011



# Riverside County Demographics



- Population: 2 million & counting
- 4<sup>th</sup> most populated county in California
- 7,208 square miles (18,670 km<sup>2</sup>): > states of Connecticut, Delaware & Rhode Island
- 15 PCIT Room locations – 12 Mobile Site locations



# Purpose of a Mobile Clinic



- **Riverside is a huge county, limited clinics**
- **Families wanting services couldn't reach us**
  - 3 hour bus ride for 1 hour session
- **Role of outreach, prevention & early intervention**
- **Provide Treatments**
  - Parent-Child Interaction Therapy
  - Triple P- Positive Parenting Program
  - Incredible Years – Dinosaur School
  - Trauma-Focused Cognitive Behavioral Therapy
- **Disaster Response Vehicles**



# Why the Triple P Stay Positive Image



# Cost How Much?



- **1 Mobile Clinic= \$280,000 USD**
  - Play room, Observation room, Family area, Bathroom
  - Camera, Mic and DVD recording equipment
  - Double tv monitors, 3 a/c units
- **Additional Ongoing Expenses:**
  - Diesel Fueling and DEF additive
  - Storage Facility/Parking
  - Repairs/Maintenance
- **See youtube for a virtual tour at:**  
**[http://www.youtube.com/watch?v=NZTNpHGjiUA&feature=player\\_embedded&noredirect=1](http://www.youtube.com/watch?v=NZTNpHGjiUA&feature=player_embedded&noredirect=1)**

# IT Must Haves



- Need for Wi-Fi on unit or air card to get online
- Access to electronic medical records
- Laptops to document notes
- Scanner/printer/fax device
  - Copies of id/medical cards
  - Print forms necessary for treatment
  - Fax for ROI, CPS reports, etc

# Where Did You Get Them?



- **Universal Specialty Vehicles, Inc.**  
**19052 Harvill Ave**  
**Perris, CA 92507**

**Phone: 951-943-7747**

**[www.USV1.com](http://www.USV1.com)**

# Reducing Stigma



## Welcome Families



## NAMI Walk



# Tour “The Bus”



## 3 Pop-Out Rooms



## Outside Monitor





# Enter Front Door



## Family Meeting Area



## Documentation Time



# Inside “The Bus”



**TV wired to Play Room**



**Master Controls & Kitchen**



# Inside “The Bus”



## Hallway



## Bathroom





# Observation Room



## Coaching



## Work in Progress



# View of Play Room



**Thru Mirror**



**Dutch Door Play Room**



# Play Room



**Making it Inviting...**



**What to Play Next?**





# Tasks Prior to Session



## Stairs Can Be Covered



## Claim Your Parking Space



# Mobile Clinic Maintenance



## Oil Checks, etc



## Victory at the Dump



# Mobile Clinic Extra Duties



## Fueling Up & Overflow?



## Parking End of Day





# Mobile Clinic VIP Guest



- Ready at the Wheel



# How to Make it Happen?



- **Building The Mobile Clinic Is Easy**
- **Finding The Right Staff, Lots Of Extra Duties!**
- **Unit Must Be Self Contained, Wi-Fi, Toilet, Fridge**
- **Public Relations Is Essential**
  - Takes time to get contracts, even for FREE services
  - Finding where to park, not always simple
  - Build referral process with collaborating partners

# Who's the RV Expert?



- Who will teach staff how to drive?
- What to do with tanks that hold water and “grey matter” & need emptying?
- There's a generator for all power, who services it when it fails?
- Do you have contracts to wash, clean, get oil changes for vehicle?



# Award Recipient



- Harvard Kennedy School Ash Center for Democratic Governance and Innovations
  - 2014 Bright Idea Award
- California State Association of Counties (CSAC)
  - 2013 Challenge Award
  - PEI Mental Health Mobile Services
  - Populations of 700,001 and Above



*"Bright Ideas is an initiative that recognizes creative and promising government programs and partnerships. The initiative is offered through the Innovations in Government Program, a program of the Ash Center for Democratic Governance and Innovations at Harvard Kennedy School." For more information please visit:  
<http://innovationsaward.harvard.edu/BrightIdeas.cfm>*

**GO RIVERSIDE COUNTY!**

# Bye For Now...



## Anytime You're In Riverside California Stop By!

(This is false advertising...we're not by a beach)

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