

LABELED PRAISE

SAY:

A positive sentence about what your child is doing that earns your attention and approval

Examples:

You color so nicely.

I love playing with you.

Nice job concentrating.

You're a fantastic builder.



REFLECTION

PCIT CDI Skills Homework Flashcards

SAY:

A sentence that repeats what your child said to you so they know you're listening (it does not have to be word for word)

Example:

(child) "This is my horsey. He jumps high" (parent) "Your horse jumps really high."



IMITATE

PCIT CDI Skills Homework Flashcards

<u>DO:</u>

Move your body or play with toy the same way as your child

YOU CAN SAY:

"I'm going to do the same thing you are because that looks fun."



Behavior Description

PCIT CDI Skills Homework Flashcards

SAY:

A sentence that describes what your child is doing in the current moment

Examples:

You're coloring the sky.

You're building that so tall.

You're working to make that fit.

You're playing with ... (fill in the blank).



Enjoy

<u>DO:</u>

Make eye contact.

Smile & laugh together.

Give a pat on the back or a hug.



Avoid Questions

<u>AVOID SAYING:</u>

A sentence that asks questions, includes your voice rising up in tone to sound like a question or adding a "tag" on the end to turn a sentence into a question

Examples:

What do you want to color?
Why are you building that?
I'm going to be the dog, ok?"
You want me to be the dog (voice rising up)?



Avoid Commands

PCIT CDI Skills Homework Flashcards

AVOID SAYING:

A sentence that tells your child what to do

Examples:

Get down.

Play nicely.

Hand me that piece.

Let's play with something else.



Avoid Critical Comments

PCIT CDI Skills Homework Flashcards

<u>AVOID SAYING:</u>

A sentence that puts your child down, is sassy, rude or disapproves of their behavior

Examples:

Stop that.

That's naughty.

That's not a nice thing to say.