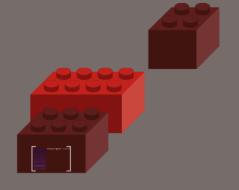








Pushing Further with TCIT:
Behavior Management
Social Thinking
Social-Emotional Learning





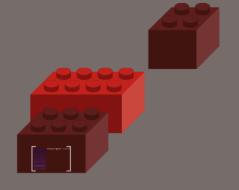








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## What tools are in your toolbox?

Behavioral Approaches:

**TCIT** 

Charts, pom-pom jars, and parties

Natural consequences

Redirection

Skill building approaches:

**Emotion labeling** 

Co-regulation

Social cognition

Collaborative problem-solving







# Behavioral Approaches: A review

### **TCIT Basic Tenets:**

- Provide feedback/reinforcement/attention to behaviors and actions you want to see
- Utilize peers as models
- Provide recognition for the hard work of regulation

### PRIDE Skills:

A note about praise

You will have to redirect/give commands:

- Use effective commands
- Have a plan if the child does not respond



Combine with charts/rewards









### Skill building approaches: A review

### Skill Building Basic Tenets:

- Teach the child the foundational skills for
  - regulation
  - theory of mind
  - social awareness
  - social interaction
  - pragmatic language
- Skills used
  - emotion labeling
  - direct teaching
  - conflict circle/collaborative problem solving





# P/TCIT Toddler: Emotion Regulation

C.A.R.E.S: Steps provided in any order and often simultaneously

C - come in calm and close

A - assist child

R - reassure child

E - emotional validation

S - soft and soothing (voice/touch)

When regulated - use redirection

· Can we combine with PRIDE skills? YES!





# How do we combine skills?

SEL can happen both in the moment and through teaching

- Direct instruction
- Feedback using PRIDE skills (GIVE WHY)
- Reinforcement combined with why and feedback
- Sit out vs. Cool down

How are you combining skills in the classroom?











#### Thoughtful Approaches to Difficult Behavior

rink about the function of the behavior

Set the kids up for success (what tools do they need to be succe

2). Get ahead of the difficulty with PRIDE skills (transition). Teach a leason about it a preferhier while

Use collaborative problem solving
 Constraint with a patent of problem.



# Thoughtful Approaches to Difficult Behavior

Think about the function of the behavior

- 1). Set the kids up for success (what tools do they need to be successful?)
- 2). Get ahead of the difficulty with PRIDE skills (transitions, etc)
- 3). Teach a lesson about it underlying skills
- 4). Use collaborative problem solving
- 5). Come up with a system of reinforcement

Assess the situation - Noncompliance, distress, dysregulation??





### **Stop Behaviors**

### Start vs. Stop behaviors

- 1). Does the child understand expectations?
  - teach
  - label and reinforce expected behavior
- 2). Attention seeking (impulsivity calling out, whining, small infractions)
  - differential attention
  - praise the positive opposite
  - older children may use collaborative problem solving (reinforced system/consequence)
  - give a choice before things escalate (calm down spot)





# Using our judgement...

### Distress/Dysregulation:

- Can we address underlying needs?
- Young children use CARES

### Noncompliance/Testing:

- Set-up for success
- Get ahead of behavior
- Ignore/offer choice before escalation
- Make expectations clear (using an effective command)
  - Praise compliance
  - Repeat the command (only once, after wait time)
  - Provide gentle guidance
  - When/Then
  - Logical Consequence
  - Take a break





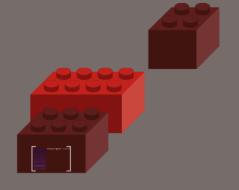








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Putting it together - in action!

